

Things to remember after egg retrieval

1. You can leave the hospital premises after egg retrieval and staying in the recovery for observation. It is imperative to have someone accompany you for safety reason.
2. As a precaution after receiving anesthesia, it is advised that you first take sips of water before taking in solid food.
3. Because this operation involves transvaginal ultrasound guided procedure, you may have some vaginal spotting or mild abdominal discomfort for a day or two. Remember to remove the vaginal gauze packing before leaving the hospital.
4. Please return to the emergency room for treatment, in case of increased vaginal bleeding (more than your regular period) or severe abdominal pain.
5. Notes on medications

<1> Progeffik 3 capsules twice a day, morning and evening after meals for 3 days

Side effects : dizziness, nausea (may be used intravaginally to prevent these side effects)

<2>Antibiotics, analgesics, antacid : 1 tablet each three times a day after meals for 2 days

6. Embryo implantation is usually done on the third day after egg retrieval. You will be notified one day before the scheduled operation and will be informed on the status of the embryo(s).
7. You do not have to abstain from food and water, because anesthesia is not required for embryo implantation. It is suggested that you lie down for 4 hours after the procedure. Do not drink too much water to avoid voiding too often.
8. Do not forget to continue low fat high fiber diet and exercise. Do not lose sight of your objective. Keep up the good work!

※ **If you have other questions, please dial our Center for Reproductive Medicine at (02) 27718151 local 2581, 2583.**

※ **Office hours : Mon – Thurs 7:30AM – 4:30PM
Fri- Sun 7:30AM – 12:00NN**